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Goldberg's American Veda is really helpful for tracing the birth of Hinduism in America (late 1800s, Emerson) and the subsequent normalization of Vedantic terms (guru, transcendance, inner peace, truth is one) and practices (yoga, meditation, etc.) since the 1960s.

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And for a reader (like myself) who was sparked by reading Emerson and Thoreau in high school, entranced by George Harrison's use of the sitar in Beatles albums, well, American

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Veda is a must-read.” – LA Yoga magazine.

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He is author of American Veda: From Emerson and the Beatles to Yoga and Meditation, How Indian Spirituality Changed the West

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and The Life of Yogananda. Trained as a Transcendental Meditation teacher in 1970 by Maharishi Mahesh Yogi, Phil has a broad knowledge of India's sacred texts, Vedanta philosophy, yoga and various meditation practices.

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— Philip Goldberg, American Veda: From Emerson and the Beatles to Yoga and Meditation How Indian Spirituality Changed the West “Emerson used India to formulate his philosophy, and

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India used Emerson to legitimize its ancient wisdom to the modern mind."

American Veda Quotes by Philip Goldberg

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American Veda - Philip Goldberg Sunday May 22 4PM

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Philip Goldberg on American Veda: How Indian Spirituality Changed the West

Muktananda reiterated many times the value of celibacy for the practitioner (sadhaka).He advocated restraint, even for those married, to convert sexual energy into spiritual energy.

Muktananda oversaw the initiation of sixty-five monks (sannyasis) between the years of 1972 and 1982.For at least some of his career in India and the West, Muktananda secretly fucked many of his female devotees ...

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